Form IV

The All India Services (Performance Appraisal Report) Rules, 2007

PROFORMA FOR HEALTH CHECK UP FOR IFS OFFICERS

Date:

Name    Age    Sex: M/F

Brief clinical history, if any:

A. Examination
   Physical    Systemic

Investigations:

Haemogram

Hb%    TLC    DLI
Peripheral Smear

Blood Sugar

F

P.P.

Lipid Profile

Total Cholesterol
HDL Cholesterol
LDL Cholesterol
VLDL Cholesterol
Triglyceride
Liver Function Test

Total Bilirubin
Direct Bilirubin
Indirect Bilirubin
SGOT
SGPT
ALK Phosphatase

Kidney Function Test

Urea
Creatinine
Uric Acid
Electrolytes

Cardiac Profile

CPK
CK-MB
LDH
SGOT

Urine

Routine
Sugar
Albumin

F.C.G.
X-ray Chest
Ultra Sound Abdomen
Any other Investigation
Advise

Microscopic

Na+
K
Calcium
Inorganic Phosphates
### B: Medical Report of the Officer

<p>| | | |</p>
<table>
<thead>
<tr>
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<tbody>
<tr>
<td>1.</td>
<td>Haemoglobin level of the officer</td>
<td>Normal/Low</td>
</tr>
<tr>
<td>2.</td>
<td>Blood Sugar level</td>
<td>Satisfactory/Normal/High/Low</td>
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<tr>
<td>3.</td>
<td>Cholesterol level of the officer</td>
<td>Normal/High/Low</td>
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<tr>
<td>4.</td>
<td>Liver functioning</td>
<td>Satisfactory/normal/dysfunctioning</td>
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<tr>
<td>5.</td>
<td>Kidney Status</td>
<td>Normal/Both-one kidney not functional optimally</td>
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<tr>
<td>6.</td>
<td>Cardiac Status</td>
<td>Normal/enlarged/blocked/not normal</td>
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### C: SUMMARY OF MEDICAL REPORT (ONLY COPY OF THIS PART IS TO BE ATTACHED TO PAR)

<p>| | |</p>
<table>
<thead>
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<tbody>
<tr>
<td>1.</td>
<td>Overall Health of the officer</td>
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<tr>
<td>2.</td>
<td>Any other remarks based on the health medical check up of the officer</td>
</tr>
<tr>
<td>3.</td>
<td>Health profile grading</td>
</tr>
</tbody>
</table>

Date:

Signature of Medical Authority
Designation